

SINGLE TRACK TIMES



ALL THE DIRT THAT'S FIT TO PRINT

2020

Hello, Missouri NICA Community!

Hey everyone, and happy fall! In this issue, I have some information about the close of our season for you all. Although we're sad it's over, we're so excited to learn, grow, and continue to improve for our next season. I hope all of our coaches and student athletes are able to enjoy something fun during your final practices!



Raffle Wrap-Up

A reminder that our league-wide raffle will be ending Sunday, November 1st. A big thank you to anyone who's already purchased tickets and our athletes who have worked very hard to sell them! Half of the money earned will fund our league-level scholarship program to support Missouri athletes and coaches, while the other half goes towards future Adventure,

GRiT, and Teen Trail Corps programming for league student athletes. We have some great prizes, including:

Trek ΕX 9.8 or Procaliber 9.8 Mountain Bike (over а \$5,000 value!) as our grand prize, Bontrager WaveCel Helmet for second place, and

 Bontrager lon 200 RT/Flare Light Set for third place.

Winners are to be announced on Tuesday November 10th, and presence is NOT required to win.

Be sure to get in on this awesome opportunity by reaching a NICA athlete and grabbing your tickets at \$10 a piece; 6 for \$50 and 12 tickets for \$100.

Thanks again to Trek for supporting our league and working to get #morekidsonbikes!

Final Adventure Week Challenges

As we're reaching the end of the season, we have some final Adventure Challenges to make things extra fun for our teams!

10/26-11/1: Although we don't have an official challenge for you this week, be sure to send some extra love to our female riders for GRiT week! Watch for news on our Facebook page of special GRiT events and activities.



Our South Composite kids partaking in some extra trail exploration.

11/2-11/8: Happy Halloween! This week, pick a practice with your team to dress up and celebrate. Be sure to send in your freaky photos for a chance to be featured on the League's social media pages! Enjoy something extra sweet this week.

11/8: End of regular season.

League Director Visits

Have you seen our director around? Through the rest of the season, watch for our very own Chris Mileski at your NICA practice, if he hasn't already been around! He'll be bringing tons of swag for our athletes and coaches -



Visit with the COMO Raptors, Missouri's biggest team!

Teams

10/26: West Plains Composite Team

10/28: Jeff Co Composite Team

10/29: SEMO Composite Team

10/31: Broemmelsiek Park for the Rockwood, St. Charles, and Warren County Composite Teams

11/1: Springfield Youth Cycling Club

Someone Special

We're so excited to welcome NICA's first ever league-level Diversity, Equity, and Inclusion Coordinator, Kelly Dowell! At NICA, we pride ourselves on working towards excellence regarding these values every day, and we couldn't be happier to recruit someone to enhance our progress. Welcome to the team, Kelly!



Catch you on the trails, The MO NICA Team

race plates, leader jerseys, GRiT headbands, Clif and Squirt items...and even more newly produced NICA merch for sale! Check his visitation schedule below and be sure to give him an extra warm welcome.

10/22: Forsyth, MO. Tri Lakes Composite Team

10/25: Warsaw for the Benton Country Rockers and Neosho for the McDonald Mustangs and SWMo Composite

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